

#VolunteersWeek

Volunteers' Week takes place 1st – 7th June every year.

It's a chance to say thank you and celebrate volunteers, recognise, and showcase their efforts and all they contribute to the communities in Kent.

Let's raise awareness about the benefits of volunteering!

VOLUNTEERS GIVE BACK TO THE LOCAL COMMUNITY AND MAKE A DIFFERENCE IT
IMPROVES
MENTAL
HEALTH

IT INCREASES CONFIDENCE AND SELF-ESTEEM

IT GIVES NEW EXPERIENCES & VALUABLE SKILLS

IT'S FLEXIBLE, FUN AND ENHANCES THEIR CV

Great news!

There is a diverse range of volunteering resources - and opportunities to suit all.

www.kentvolunteers.org.uk

Funded by





